

Abstract Submission Form - Papers

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Proposed title of paper: <u>Using Oral History in developing an advance directive guideline in a Community</u>
<u>Psychiatric Rehabilitation Program</u>

Abstract with 3 clearly stated objectives in 250 words:

Our research team has been assisting the Yuli hospital staff in utilizing the narrative identification method to understand the schizophrenic patients through their personal life history experiences, which may allow the psychiatric professionals to reflect that their activities can be a foreign intrusion into the world of the patients.

Oral history with an identity narrative approach opens up the continuity and flow of the life experience, and it tries to reorganize a new autonomous context for the patient. By means of a new kind of understanding between the specialist and the patient, it is different from the previous opposition, the patient may reach a rational form of thinking with an understanding of his own difference, and a position of moral centeredness. This may constitute a new possibility for professional practices.

Behind each person's rationality there is an individual structure of feelings that constitutes his or her own special logic of life. Psychiatric patients are no exception; their behavior and thinking all have a logic within their own realms. The difference is that the self-understanding of the psychiatric patient is subject to the intrusion of voices or sensations that are not real, which causes them to experience a life outside of their own volition. The narrative method of life history, with close listening to patients, helps them to distinguish the real self from the false self, and this is the crux to whether they can reach a turning point.

The process of oral history bring the patient back to his experience of the initiation of illness, and the memory of the feeling of being unwillingly committed to the institution. We have discovered that this external intrusion is linked to his/her own understanding of his/her situation, the suitability of the environment, and whether or not they can exercise self-discipline. Whether the schizophrenic patient

he/she is mentally ill, and find a way out, is key to the recovery of normalcy. This is the starting point for
our research team to proposing advance directive practice guideline to chronic schizophrenic patients.
Three cases will be illustrated to support this guideline.
If you have or will publish on this topic, please cite reference:
Are you planning to or will you be willing to submit a poster along with your paper?

Yes

⊠No

can understand why the self is under the influence of the part that is "not self", and thence identify that